



# carers RIGHTS DAY



## Do you look after someone?

Join Carers Northumberland at our Carers Rights Day Information Event!

on

Thursday 25th November

at

Cramlington Library

Community Hub, Forum Way,

Cramlington, NE23 6YB



Working with:



Northumberland County Council

NORTHUMBERLAND CMA



healthwatch



and more

10.30 - 12pm

### Know Your Rights Workshop

A guide to your rights as a carer and information on where to find support.

Booking is essential to reserve your space and an information pack.

Call us on 01670 320025, visit <https://rb.gy/mccyq5> or scan the QR code



1-4pm

### Information Event

We will be joined by a host of organisations from across Northumberland who can offer support and services to carers. There will be live demonstrations and services available to access on the day. Booking is not required, and we hope to see you there.

For more information please contact us on 01670 320025